



# OLD MUTUAL TWO OCEANS MARATHON 2019

## ROAD CLOSURES AND RESTRICTIONS

### FUN RUNS CLOSURES & RESTRICTIONS: 19 April 2019

Start Times: 5.6km – 11h00, 2.1km – 12h00

Notice is hereby given that the following roads will be closed on Good Friday 19 April 2019.

ROAD	CLOSURE TIME
<b>M3 – Union Avenue - Newlands Forest Fire Station Entrance to UCT</b> - Left lane will be fenced off for athletes, right lane will remain open at all times for motorists travelling towards Cape Town. Please drive cautiously. Please note – Rhodes Memorial Restaurant will be accessible to the public	09h30 – 13h00
<b>Princess Anne Avenue</b> - Access to and from M3 Northbound closed. Rhodes Memorial will remain accessible to the public	10h30 – 13h00

Spectators to please obey all officials and marshalls and be aware of traffic when supporting the runners. Do not stand in roadways where vehicles are travelling.

### ULTRA AND HALF MARATHON ROAD CLOSURES & RESTRICTIONS DATE: 20 April 2019

START TIMES 56km: 06H40, 21.1km: 05h50, 06h00, 06h10 & 06h20

Notice is hereby given that the following roads will be closed on Easter Saturday 20 April 2019

CONSOLIDATED ULTRA AND HALF MARATHON ROAD CLOSURES & RESTRICTIONS: 20 April 2019	
ROAD	CLOSURE TIME
<b>Main Road: Newlands</b> - Between Klipper Rd and Letterstedt Road	03h30 – 07h00
<b>Main Road: Newlands to Claremont</b> - Between Letterstedt Road and Protea Rd	03h30 – 07h15
<b>Protea Road</b> - Between Main Road and the M3 NB: There will be no access to the M3 via Protea Road & Newlands Road	05h30 – 07h00
<b>Paradise Road</b> - Protea Road to Edinburgh Drive	05h30 – 07h00
<b>M3 Southbound</b> - From Princess Anne Ave to Kendal Road	05h30 – 08h15
<b>Kendal Road</b> - Between Spaanschemat River Road & Edison Road	05h30 – 08h15
<b>Spaanschemat River Road</b> - From Doordrift Road to Ladies Mile Extension	05h30 – 08h15
<b>Ladies Mile Extension</b> - Between Spaanschemat River Road & Constantia Main Road	06h00 – 08h45
<b>Parish Road</b> - From Constantia Main Road to Southern Cross Drive	06h15 – 08h45
<b>Constantia Main Road</b> - Between Pagasvlei Road and Constantia Village Shopping Centre Entrance - Both directions – local access only	06h15 – 08h15
<b>Southern Cross Drive</b> - From Brommersvlei Rd to Rhodes Drive	06h15 – 09h15
<b>Main Road: Claremont to Wynberg</b> - From Protea Rd to Piers Rd	06h30 – 07h45
<b>Main Road: Wynberg to Diep River</b> - From Piers Rd to De Waal Rd / Kendal Rd	06h45 – 08h00
<b>Main Road: Diep River to Retreat</b> - From De Waal Rd / Kendal Rd to Tokai Rd	06h45 – 08h30
<b>Main Road: Retreat to Steenberg</b> - From Tokai Rd to Steenberg Rd	07h00 – 08h45
<b>Main Road: Steenberg to Muizenberg</b> - From Steenberg Rd to Atlantic Rd. Access to/from M3 via Boyes Drive and Westlake Ave	07h00 – 09h00
<b>Main Road: Muizenberg to Fish Hoek</b> - Local access only between Muizenberg (Atlantic Road) and Kalk Bay (Clairvaux Road). Motorists travelling south & north will be diverted over Boyes Drive to Clairvaux Road and then a stop-go system will operate between Clairvaux and Clovelly Roads. Traffic travelling to and from Kommetjie / Simonstown Roads through Fish Hoek will be diverted via Beach Road	07h00 – 09h45
<b>Kommetjie Road: Fish Hoek</b> - From Main Road to Corsair Way, Sun Valley, motorists to share westbound (direction Kommetjie) lane. Runners use eastbound lane. Drive with caution.	07h00 – 10h15
<b>Corsair Way: Sun Valley</b> - Kommetjie Road to Frigate Crescent. Both lanes closed	07h00 – 10h15
<b>Frigate Crescent: Sun Valley</b> - Corsair Way to Dory Walk	07h00 – 10h15
<b>Dory Walk: Sun Valley</b> - Frigate Crescent to Chebec Crescent	07h00 – 10h15
<b>Chebec Crescent: Sun Valley</b> - Dory Walk to Dhow Street	07h00 – 10h15
<b>Ou Kaapse Weg</b> - Both Directions: Expect Delays - Stop / Go control at Noordhoek Main Rd.	07h00 – 10h15
<b>Noordhoek Main Road</b> - Northbound lane closed. Traffic to share southbound lane. Drive slowly with caution	07h00 – 11h00
<b>Silvermine Road</b> - From Village Lane to Noordhoek Main Road	07h00 – 11h00
<b>Chapman's Peak Drive</b> - Chapman's Peak Drive will be closed to traffic from 03h30. Spectators permitted to enter from Hout Bay to the various picnic spots from the Hout Bay side only until 07h00.	03h30 – 12h30
<b>Hout Bay Main Road</b> - From Chapman's Peak to Victoria Road Circle. Traffic coming into Hout Bay will be detoured away from Victoria Road Circle to Valley and then Disa River Roads. Runners will be in the southbound lane (direction Noordhoek).	07h30 – 11h30
<b>Hout Bay Road</b> - From Victoria Road Circle to Disa River Road. Totally closed to traffic.	07h45 – 12h00
<b>Hout Bay Road</b> - From Disa River Road to Constantia Nek. A convoy system for motorists will operate under the direction of the traffic department. Runners will be in eastbound lane (direction Constantia Nek) i.e. their left	07h45 – 12h45
<b>Rhodes Drive</b> - Constantia Nek to Canterbury Road Circle. Both directions closed to traffic	05h30 – 13h45
<b>Rhodes Drive</b> - Canterbury Road Circle to Union Ave. Traffic may only travel south. Runners will be in lane heading towards Cape Town (their left). Please note: Kirstenbosch Gardens & Restaurant will be accessible to the public.	06h30 – 13h00
<b>M3 – Union Avenue</b> - Rhodes Drive/Newlands Ave to UCT. Left lane will be coned off for athletes, right lane will remain open at all times for motorists travelling towards Cape Town. Please drive cautiously. Please note – Rhodes Memorial will be accessible to the public	06h30 – 14h45
<b>Princess Anne Avenue</b> - Accesses to and from M3 Northbound closed. Rhodes Memorial will be accessible to the public	06h30 – 14h45

**Spectators to please obey all officials and marshalls and be aware of traffic when supporting the runners. Do not stand in roadways where vehicles are travelling.**

Traffic proceeding to the City from the False Bay Areas should either travel before 07h00, after 09h45 or use Ou Kaapse Weg which will have a Stop/Go control for both vehicles and runners between 07h30 and 10h15. Residents in the following areas are requested not to park along the route and to use alternative side streets for the duration of the race:

- Main Road from Newlands to Muizenberg
- Main Road from Atlantic Road, Muizenberg through St James and Kalk Bay until the police station just past Clovelly Road in Fish Hoek.
- Kommetjie Road from 17th Avenue through to the Fish Hoek Circle at Main Road (runners will be running towards Sun Valley facing the traffic within one lane which will be coned off).

Detours:

- Traffic from Hout Bay will be directed in via Pagasvlei Road and Spaanschemat River Road to the M3 and Constantia Road and then to Claremont and Wynberg via Alphen hill Road (Victoria Hospital) between 05h30 and 08h15
- Traffic to Hout Bay will be directed from Edison Road and Ladies Mile Roads to Spaanschemat River Road and Pagasvlei Road to Constantia Road between 05h30 and 08h15.

Please note that the M3 Northbound Carriageway right lane between Rhodes Drive and UCT will remain open to traffic for the duration of the event.

Delays can be expected for the duration of the Old Mutual Two Oceans Marathon. We appeal to motorists to avoid using roads leading to the race route. Please comply with the directions given by traffic officers and marshalls. Road signs will be in place during the week prior to the race, advising motorists of the road closures.